January and February 2019

Taco Tuesday and Dublin Derby
Tuesday
January 22, 2019
11:30am
Cost: $5.00
(cash please)

Let’s get together to beat the winter blahs!
Enjoy a couple tacos, fruit and some heart warming dessert with friends.
After lunch hang around and cheer on the famous Dublin Derby races!
Please register by Thursday January 17, 2019

OLHSA's Grandparents Raising Grandchildren program will be having it’s monthly support group meeting at Dublin Senior Center. All kinship caregivers (relatives as parents) are welcome to attend FREE.

In the event of severe weather, if the Huron Valley and/or Walled Lake School Districts are closed, the Dublin Senior Center as well as Dublin Transportation program will be cancelled. However, the building will remain open. Watch your local news for school closings.

Mexican Train
January 17 & 31, 2019
February 21 & 28, 2019
12:30pm
Bring a friend and join us for this fun game played with Dominos.
Dublin Community Senior Center  
***Special Events***

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Glass Jewelry Seminar</strong></td>
<td>January 30, 2019</td>
<td>1:00pm</td>
<td>Join Laurie Freeman from Kiss My Glass Art to learn glass jewelry design.</td>
</tr>
<tr>
<td><strong>West Lake Luncheon</strong></td>
<td>February 6, 2019</td>
<td>11:30am</td>
<td>Enjoy a delicious lunch from Westlake Health.</td>
</tr>
<tr>
<td><strong>Basket Weaving</strong></td>
<td>February 27, 2019</td>
<td>11:00am</td>
<td>Learn to design your own fused glass jewelry with Laurie Freeman.</td>
</tr>
<tr>
<td><strong>Lunch &amp; B.I.N.G.O. at VFW in White Lake</strong></td>
<td>February 12, 2019</td>
<td>11:30am</td>
<td>Enjoy a delicious lunch and BINGO!</td>
</tr>
<tr>
<td><strong>Lunch &amp; Bunco</strong></td>
<td>January 2, 2019</td>
<td>11:30am</td>
<td>Enjoy a meal and Bunco in a group setting.</td>
</tr>
<tr>
<td><strong>Cooking Comfort Food for One or Two</strong></td>
<td>February 20, 2019</td>
<td>11:30am</td>
<td>Learn to cook comfort foods for one or two.</td>
</tr>
<tr>
<td><strong>Sweatshirt Class</strong></td>
<td>February 19, 2019</td>
<td>11:00am</td>
<td>Design your own sweatshirt.</td>
</tr>
</tbody>
</table>

Please register by the dates specified.
### Dublin Community Senior Center

#### Health and Fitness Opportunities

<table>
<thead>
<tr>
<th><strong>Massage</strong></th>
<th><strong>Stretch and Strength</strong></th>
</tr>
</thead>
</table>
| 1st Tuesday each month  
**By appointment**  
**NO MASSAGE IN JANUARY**  
February 5, 2019  
Research continues to show the enormous Benefits of touch.  
Massage Therapy & Reflexology can provide:  
~Decrease anxiety  
~Enhanced sleep quality  
~Greater energy  
~Improved concentration  
~Increased circulation  
~Reduced fatigue  
$1.00 per minute  
(Cancellations cannot be transferred)  
| **Tuesday 9:00am**  
**NO CLASS 1/1 or 1/22**  
Instructor, Jo Schirtzinger, has developed this class to help improve stamina, strength and flexibility. The exercises are adaptable to any pace and fitness level. Workout to oldies, big band and rock-n-roll music.  
$24 for 6 classes/$5 per class drop-in fee |

<table>
<thead>
<tr>
<th><strong>Tai-Chi</strong></th>
<th><strong>Drums Alive!</strong></th>
</tr>
</thead>
</table>
| **Mondays - 8:30am**  
**NO CLASS 1/21 or 2/18**  
Tai Chi is becoming very popular for it’s many health benefits. Not only is it low impact and good for your body, but it focuses on mental health as well. It does this by using breathing techniques and visualization. Anyone can do Tai Chi and it does not require any exercise equipment. It has been known to help those with different types of arthritis, stress, depression, anxiety, fibromyalgia, diabetes and the list goes on. Every week you will learn proper form and new movements. All of the movements come together as a smooth flowing session. Tai Chi can be done from a seated or standing position.  
$24 for 6 classes/$5 per class drop-in fee  
| **Tuesday 10:30am**  
**NO CLASS 1/1 or 1/22**  
This exercise is intended to give participants exposure to drumming and movement specifically designed to enhance physical, emotional and cognitive skills in a social setting. Perfect alternative to traditional aerobics for older adults. This class is conducted primarily from a standing position, but can also accommodate participants who need to sit.  
Class is taught by certified instructor, Lauren Oleksiak  
$24 for 6 classes/$5 per class drop-in fee |

| **Balance for Life** | **Hatha Yoga**  
**Fridays 9:30am**  
**Hatha Chair Yoga**  
**Guided Imagery** - (Meditation)  
**Zumba Gold**  
**Join us for a FUN ENERGIZING class** |
|----------------------|----------------------|
| **Thursdays 9:15am - 10:00am**  
Do you lose your balance? Do your legs feel weak? Loss of balance often results in falling, fracturing hips and breaking wrists. With this 45 minute workout, Jo Schirtzinger from Leisure Unlimited will help you improve your balance and posture while strengthening your legs and ankles to prevent falling. Fun activities - you won’t even know you are exercising!  
$24 for 6 classes/$5 per class drop-in fee  
| **Wednesday 9:30am**  
Instructor Jeanne Eagen teaches modified Hatha Yoga class for beginners and experienced practitioners alike.  
$24 for 6 classes/$5 per class drop-in fee  
| **Wednesday 9:30am**  
**Fridays 9:30am**  
Instructor Jeanne Eagen teaches a modified Hatha Chair Yoga class for beginners and experienced practitioners alike.  
$24 for 6 classes/$5 per class drop-in fee  
| **Wednesday 9:00am - 9:30am**  
No set fee, please make a donation.  
| **Monday 9:30am**  
$24 for 6 classes/$5 drop in fee  
**NO CLASS 1/21 or 2/18**  
Take the Zumba formula and modify the moves and pace to suit the needs of the active older participant and you have Zumba Gold. What stays the same are all the elements the Zumba Fitness-Party is known for: the zesty Latin and international music; the exhilarating, easy to follow moves; and the invigoration party like atmosphere.  
|
***Health and Fitness***

*Beginning Line Dancing*
Thursdays 10:00am

This basic class is designed with the absolute beginner in mind. No equipment is needed except comfortable shoes, a willing attitude and friendly smile. Line dancing is a wonderful way to exercise! Not only does it promote good health, but it's a great way to enjoy music and meet new friends. Come join us for fun, exercise and music! $18 for 6 classes / $4 drop-in fee

*Intermediate/Advanced Line Dancing*
Thursdays 11:05am

This class is designed for those of you who have had the basic line dance classes, and would like to move on. We will be learning moderate to high level intermediate dances. We use all types of music from country, swing, waltz, and cha-cha’s. So put on your dancing shoes and come join us for music, exercise and….. A LOT OF FUN! $24 for 6 classes / $5 drop-in fee

***On-Going Programs***

Dining with the Director
Last Tuesday of each month
January 29, 2019
February 26, 2019
11:00am - meet at Dublin
11:30am - meet at restaurant
Join us as we venture to a different restaurant each month. Please register by calling or stopping by the Dublin Senior Center office. We can also let you know the restaurant we will be going to when you register.

Wii Bowling League
Every other Thursday
1:00pm - 3:00pm
January 17 & 31, 2019
February 21, 2019
February 28, 2019 - Banquet
No Charge… No pressure…..Just FUN
Join us for an entertaining afternoon. We will be bowling for eight weeks, enjoying a casual banquet at the end with food, fun and friends.

Medicare/Medicaid Assistance Program **By Appointment**

A trained volunteer through Area Agency on Aging 1-B is available to assist you with claims, denials of service or answer any questions you may have about these benefit programs. Please call Dublin Senior Center for an appointment or more information. 248-698-2394.

Our volunteer will meet with you at Dublin Senior Center.

Dublin Rhythmic
Tuesdays between 1:00pm - 4:00pm
NO SESSION 1/1 & 1/22
Dust off your old instruments and wind pipes… come join us, we are looking for people interested in joining Dublin's own music venue.
<table>
<thead>
<tr>
<th>Dublin Community Senior Center</th>
<th><em><strong>On-Going Programs</strong></em></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Purls of Wisdom</strong> Knitting/crocheting group</td>
<td><strong>Wrapped in Warmth</strong></td>
</tr>
<tr>
<td>Tuesdays 11:00am</td>
<td>Mondays 10:00am</td>
</tr>
<tr>
<td>CENTER CLOSED 1/1</td>
<td>CENTER CLOSED 1/21 and 2/18</td>
</tr>
<tr>
<td>Join us to socialize, share ideas, patterns and current projects. If you would like to learn how to knit or crochet this is the group for you! Don't sit home alone, join this great group to work on your project and meet new friends.</td>
<td>Enjoy visiting with friends while knitting/crocheting lap blankets for Karmanos Cancer Institute at Huron Valley Hospital.</td>
</tr>
<tr>
<td><strong>Coloring Club</strong></td>
<td>Anyone wishing to donate yarn to our Wrapped in Warmth group, please call our Dublin Senior Center office 248-698-2394. We would love your donations!</td>
</tr>
<tr>
<td>Third Wednesday at 11:00am</td>
<td></td>
</tr>
<tr>
<td>January 16, 2019</td>
<td></td>
</tr>
<tr>
<td>February 20, 2019</td>
<td></td>
</tr>
<tr>
<td>Coloring is often referred to as a form of meditation. It allows us to relax and turn off our brains which can help with anxiety. Coloring can also reduce tension headaches and help stabilize moods. Our new club is a win win, you release your creativity at the same time you are improving your health! We will supply color pencils and coloring books. You are also welcome to bring your own.</td>
<td></td>
</tr>
<tr>
<td><strong>Support your ‘Home Away From Home’</strong> Join.........</td>
<td><strong>QUILTING BEE</strong></td>
</tr>
<tr>
<td>FRIENDS FUNDRAISER</td>
<td>Everyone working on their own project.</td>
</tr>
<tr>
<td>Kroger Community Rewards Program</td>
<td></td>
</tr>
<tr>
<td>krogercommunityrewards.com</td>
<td></td>
</tr>
<tr>
<td>If you do not have a computer or need help enrolling, call Dublin Senior Center.</td>
<td>2nd and 4th Wednesday of each month</td>
</tr>
<tr>
<td>Please have the following information available.</td>
<td>January 9 &amp; 23, 2019</td>
</tr>
<tr>
<td>~Location of Kroger store you want to register</td>
<td>February 13 &amp; 27, 2019</td>
</tr>
<tr>
<td>~Kroger Plus Card Number</td>
<td></td>
</tr>
<tr>
<td>~Name, address and phone number</td>
<td>11:00am - 4:00pm</td>
</tr>
<tr>
<td>~Email and password (if you have one)</td>
<td>Please give us a call if you would like more information.</td>
</tr>
<tr>
<td>~Organization's NPO number - 65088</td>
<td>248-698-2394</td>
</tr>
<tr>
<td><strong>MAHJONGG</strong></td>
<td><strong>Monthly Birthday Celebration</strong></td>
</tr>
<tr>
<td>Lessons: Monday - 10:00am</td>
<td>1st Friday of each month</td>
</tr>
<tr>
<td>(please call in advance for lessons)</td>
<td>January 4, 2019</td>
</tr>
<tr>
<td>Mondays - 11:00am</td>
<td>February 1, 2019</td>
</tr>
<tr>
<td>Thursdays - 10:00am</td>
<td></td>
</tr>
<tr>
<td>Monday</td>
<td>11:45am</td>
</tr>
<tr>
<td>CENTER CLOSED 1/21 and 2/18</td>
<td>On the first Friday of the month, enjoy cake and conversation with our local politicians.</td>
</tr>
<tr>
<td>Mahjongg is a game played with intricately painted, beautiful tiles. There are three suits and four of each tile, (like cards). You collect like tiles or tiles in sequence (like rummy).</td>
<td></td>
</tr>
<tr>
<td><strong>BOOK CLUB</strong></td>
<td><strong>Book Club</strong></td>
</tr>
<tr>
<td>3rd Thursday of each month</td>
<td>3rd Thursday of each month</td>
</tr>
<tr>
<td>January 17, 2019</td>
<td>January 17, 2019</td>
</tr>
<tr>
<td>February 21, 2019</td>
<td></td>
</tr>
<tr>
<td>10:30am</td>
<td>February 21, 2019</td>
</tr>
<tr>
<td>Denise Harris-Fiems from the White Lake Township Library leads book discussions. Read and review a different book each month.</td>
<td></td>
</tr>
<tr>
<td><strong>BINGO</strong></td>
<td><strong>BINGO</strong></td>
</tr>
<tr>
<td>Mondays &amp; Fridays</td>
<td>Mondays &amp; Fridays</td>
</tr>
<tr>
<td>CENTER CLOSED 1/21 &amp; 2/18</td>
<td>CENTER CLOSED 1/21 &amp; 2/18</td>
</tr>
<tr>
<td>12:20pm</td>
<td>12:20pm</td>
</tr>
<tr>
<td>Join us for an afternoon of fun, and FRIENDS &amp; BINGO!</td>
<td>Join us for an afternoon of fun, and FRIENDS &amp; BINGO!</td>
</tr>
</tbody>
</table>
### Dublin Community Senior Center

#### ***On-Going***

<table>
<thead>
<tr>
<th>Activity</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cards and Group Games at Dublin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hand &amp; Foot</td>
<td>Mondays</td>
<td>11:30am</td>
</tr>
<tr>
<td>Euchre</td>
<td>Tuesdays</td>
<td>1:00pm</td>
</tr>
<tr>
<td>Samba</td>
<td>2nd and 4th Wed of each month</td>
<td>12:00noon</td>
</tr>
<tr>
<td>Scrabble</td>
<td>Third Tuesday of each month</td>
<td>11:00</td>
</tr>
<tr>
<td>Bridge</td>
<td>Thursdays</td>
<td>12:30pm</td>
</tr>
<tr>
<td>Mahjong</td>
<td>Lessons:</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Monday</td>
<td>10:00am</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Thursdays</td>
</tr>
<tr>
<td></td>
<td></td>
<td>10:00am</td>
</tr>
</tbody>
</table>

#### Anyone Can Paint
- 2nd Wednesday of each month
  - January 9, 2019
  - February 13, 2019
- Time: 1:30pm
- Cost: $25.00 - 2 hour session
- All supplies include
- Please register in advance

#### Focus Hope
- 11:00am - 12:00 noon
- 2nd Tuesday of each month
  - January 8, 2019
  - February 12, 2019

Dublin Community Center hosts the **Focus Hope** food distribution program. Further information may be obtained by calling Focus Hope office at 313-494-4600.

#### D.O.E.R.S. (Dublin Over Eaters Round-up Support)
- Meets the first Friday of each month at 11:00am
- January 4, 2019
- February 1, 2019

Join our monthly weight-loss support group.
- $10.00 registration fee
- Dues: $5.00 per month
- Half of your dues will be donated to a local charity. The other half will be awarded to the top two losers.

#### **Supportive Services***

<table>
<thead>
<tr>
<th>Service</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Congregate Meals</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meals prepared through Western Oakland</td>
<td>Mondays &amp; Fridays.</td>
<td></td>
</tr>
<tr>
<td>Meals-on-Wheels are served regularly at Dublin Center</td>
<td>by calling 248-698-2299.</td>
<td></td>
</tr>
<tr>
<td>Reservations for these meals must be made two days in advance Please have correct change</td>
<td></td>
<td></td>
</tr>
<tr>
<td>$3.00 for 60 years of age and over</td>
<td></td>
<td></td>
</tr>
<tr>
<td>$5.00 for 59 years of age and under</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Service</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ask the Attorney</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Last Wednesday of each month</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Call Dublin Senior Center for an appointment 248-698-2394</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jack Bolling from the Law offices of Jack Bolling P.C. in Milford is available to meet with you to answer legal questions you may have. He specializes in Elder Law, Estate Planning, Medicaid Planning, Will &amp; Trusts and is a VA accredited Attorney.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Service</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alliance Hearing Care</td>
<td>Kristen Huizdos</td>
<td>Thursday</td>
</tr>
<tr>
<td>Call Dublin Senior Center for an appointment 10:00am - 12:00noon</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Please call Dublin Senior Center to make an appointment to have a hearing aid screening or hearing aid cleaning with Kristen. 248-698-2394</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Service</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meals-on-Wheels</td>
<td></td>
<td></td>
</tr>
<tr>
<td>In addition to meals provided at the center, Western Oakland Meals operates a program for the homebound through the Dublin Community Senior Center. If you would like to enroll, or become a volunteer driver, please call 888-886-8971</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Transportation**

Places to go...things to do...let us help!!! White Lake Township provides transportation for those 55 years of age or older and disabled residents. If you need a ride for doctor appointments, shopping, personal errands or to attend programs at Dublin Senior Center give us a call at 248-698-2394.

We are available Monday - Friday between 8:30am - 4:00pm to schedule a ride.
### Dublin Community Senior Center

#### ***Travel***

**Caesar Windsor**  
Proof of citizenship is required - U.S. Passport or Enhanced Driver’s License  
**Tuesday**  
January 15 & 29, 2019  
Time - 12:30pm  
$20.00  
Go on the first trip.....the second trip is **FREE**  
Always back by popular demand....  
and always a fun time!!  
Receive $20 in coin or food for BOTH TRIPS!

**Gateway Casino - in Sarnia**  
Proof of citizenship is required. Passport or Enhanced Drivers License.  
**Tuesday**  
February 19, 2019  
Time - TBA  
Cost: $35.00  
Receive $25.00 in Casino Incentive.  
Gateway Casino use to be Point Edward Casino.  
Come with us and enjoy a day away!

**Brunch & Gambling**  
**Wednesday**  
January 23, 2019  
9:00am  
$8.00  
(Cash Please)  
Breakfast on our own  
Holidays are over... and it's a new year!!!  
What a nice way to start our new year with **FRIEND, FOOD and FUN!!!**  
We’ll be having breakfast at Novi Coney Island,  
Then we’re off to Motorcity Casino for some gambling time. If there is time....we’ll have to find Someplace for a delicious dessert.  
Space is limited....sign up early!

**Four Winds Casino**  
**Friday**  
February 1, 2019  
Time - TBA  
$44.00  
Receive $15.00 in slots and $10.00 in food  
Join us as we head for South Bend Indiana.  
Enjoy an afternoon of gambling at Four Winds Casino. Take a break and enjoy lunch in one of their four restaurants.

### Detroit Church Tour  
**Thursday**  
Lunch included at Sinbad’s and a visit to Capuchin Bakery.  
February 21, 2019  
Time: TBA  
Cost: $84.00  
**Itinerary:**  
~Meet your guide for the church visits: Visit First 2 churches  
~Depart for lunch at Sinbad’s  
~Depart for 3rd and final church tour  
~Shopping and Capuchin Bakery  
~Head for home

**Gun Lake Casino**  
They have something for everyone!  
**Friday**  
March 1, 2019  
Time: TBA  
Cost: $39.00  
Receive $10 in slot play & $10 in food.

---

**Brunch & Gambling**  
Wednesday  
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9:00am  
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**Detroit Church Tour**  
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~Meet your guide for the church visits: Visit First 2 churches  
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February 21, 2019  
**Time: TBA**  
**Cost: $84.00**  
**Itinerary:**  
~Meet your guide for the church visits: Visit First 2 churches  
~Depart for lunch at Sinbad’s  
~Depart for 3rd and final church tour  
~Shopping and Capuchin Bakery  
~Head for home

**Gun Lake Casino**  
They have something for everyone!  
**Friday**  
March 1, 2019  
**Time: TBA**  
**Cost: $39.00**  
**Receive $10 in slot play & $10 in food.**
Dublin Community Senior Center

***Travel***

**Travel Information**
* Payments can be made by cash or check.
* Please make checks payable to White Lake Township.
* Payment in full will secure your reservation for day trips.
* Arrive 15 minutes prior to departure time.
* Please park in the parking lot on the side of Dublin Senior Center.
* Please save the 2 front row seats on door and driver side for escort and/or handicapped.
* When going to Canada, make sure to have your passport or enhanced drivers license.
* For casino trips, you must have your drivers license to receive incentives.

**Cancellations:** Refunds will only be given if your place for the trip can be filled.

**Inclement Weather:** In the event of inclement weather, if Walled Lake and/or Huron Valley Schools are closed, all programs at Dublin Senior Center are cancelled.

**Medical forms** must be completed by all participants prior to departing for a day trip.

**A waiting list is started whenever a day trip becomes full.** If you are unable to attend a day trip after you sign up, contact the center so that the next person on the waiting list will have a chance to attend.

**Dublin Community Senior Center** reserves the right to request that any person needing assistance while participating in our travel programs be accompanied by a personal escort. A paid reservation must be made for the escort.

---

***Up Coming Trips in 2019***

**Caesar Windsor**
Proof of citizenship is required - U.S. Passport or Enhanced Driver's License

<table>
<thead>
<tr>
<th>Friday</th>
<th>March 5, 2019</th>
<th>March 19, 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>12:00noon</strong></td>
<td>Go on the first trip.....the second trip is FREE</td>
<td>Always back by popular demand.....and always a fun time!!</td>
</tr>
</tbody>
</table>

**Gilmore Car Museum**
with Firekeepers Casino

<table>
<thead>
<tr>
<th>Friday</th>
<th>March 29, 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Time:</strong></td>
<td><strong>TBA</strong></td>
</tr>
<tr>
<td><strong>Cost:</strong></td>
<td>$69.00</td>
</tr>
<tr>
<td><strong>Trip includes:</strong></td>
<td>~Round trip motorcoach transportation</td>
</tr>
<tr>
<td></td>
<td>~Admission to Gilmore Car Museum</td>
</tr>
<tr>
<td></td>
<td>~Stop at Firekeepers Casino</td>
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<tr>
<td></td>
<td>$20 in Coin &amp; $5 in food at Casino</td>
</tr>
</tbody>
</table>

**Soaring Eagle**

<table>
<thead>
<tr>
<th>Monday</th>
<th>April 8, 2019</th>
</tr>
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<tbody>
<tr>
<td><strong>Time:</strong></td>
<td><strong>TBA</strong></td>
</tr>
<tr>
<td><strong>Cost:</strong></td>
<td>$35.00</td>
</tr>
<tr>
<td><strong>Receive $20 in coin &amp; $5 in food</strong></td>
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</tr>
</tbody>
</table>

**BINGO Adventure**
At Breakaway Gaming Center in Windsor, ON.
Passport or Enhanced Drivers License Required.

<table>
<thead>
<tr>
<th>Tuesday</th>
<th>April 23, 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Time:</strong></td>
<td><strong>TBA</strong></td>
</tr>
<tr>
<td><strong>Cost:</strong></td>
<td>$47.00</td>
</tr>
<tr>
<td><strong>Trip includes:</strong></td>
<td>~10:00am 1st session of BINGO starts</td>
</tr>
<tr>
<td></td>
<td>~11:30-12:00noon Lunch (included) Enjoy cafeteria style lunch-choice of soup, sandwich &amp; beverage</td>
</tr>
<tr>
<td></td>
<td>~2nd gaming session begins - includes 2 strips of BINGO cards (6 faces) &amp; 2 specials games</td>
</tr>
</tbody>
</table>

**Purple Rose Theatre**
“All My Son”
Lunch included at Common Grill

<table>
<thead>
<tr>
<th>Wednesday</th>
<th>April 24, 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Cost:</strong></td>
<td>$89.00</td>
</tr>
<tr>
<td><strong>Time:</strong></td>
<td><strong>TBA</strong></td>
</tr>
</tbody>
</table>

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**Just a reminder for trips.....**
Please come to Dublin Senior Center
15 minutes prior to trip departure.
Please park in the side parking lot.
White Lake Township Police Department offers:

**VACATION HOUSE WATCH**

If you are going out of town and would like White Lake Township Police Department to keep an eye on your home, there are a couple of ways to accomplish this:

~Call them at 248-698-4400

~Go on line to White Lake Township Police Department, click on services, then click on vacation house watch and fill out the form.

*******************************************************************************

White Lake Township Police Department also offers:

**SENIOR WELFARE CONTACT PROGRAM**

The Senior Welfare Contact Program is a concept of cooperation between law enforcement, senior services and seniors in the community to reduce the criminal victimization of the elderly, provide home security checks, establish neighborhood watch programs and conduct monthly welfare checks.

The goal of the White Lake Township Police Department is to work in conjunction with our senior citizens to better address their needs and improve their quality of life in the community.

By participating in the program, seniors will have a representative from the department that will contact them monthly, check their wellbeing, address concerns or problems in the community and assist them with senior services available both locally and nationally. Through joint cooperation, the White Lake Township Police Department will better serve our ever growing senior population and reduce the opportunity for victimization.

If you or someone you know is in need of assistance or could benefit from this program, please call the White Lake Police Department 248-698-4400.

Rapid, Safe Non-Destructive Access

**White Lake Township Fire Department**

White Lake Township Fire Department has started a program to gain safe, non-destructive access to township citizens who are at risk for falls, or who have chronic medical conditions. The program is designed to give firefighters non-destructive access to citizens who are likely to need assistance, but are unable to get to the door to let firefighters into the home. The department will issue to citizens who qualify, a secure way of storing a key outside their home that only White Lake Township firefighters will have access to. This program will eliminate the need for firefighters to force a locked door or break a locked window when attempting to gain access to citizens who have activated an emergency response and cannot, for whatever reason, get to the door to let in emergency responders.

**For further information please contact**

Firefighter/Paramedic David Mills 248-698-1980
***Community Connections***

**White Lake Township Library at Dublin Senior Center**

We are fortunate to have a 'branch' of the White Lake Township Library at Dublin Senior Center. A wide selection of books and tapes from fiction to mysteries, cookbooks to biographies and more are available. Come on in and browse our library. Stop in the Center office to check out your books. Cozy up to the fireplace and spend an afternoon reading.

**Movie Matinee at White Lake Library**

**Thursday**

December 13, 2018

2:00pm

Meet at White Lake Library each month for a newly released film, closed captioning displayed. Free popcorn! You are welcome to bring your own soda or water.

Please call White Lake Township Library for the movie title and to register. 248-698-4942

**Oakland Talking Book Service @ RHPL**

Free Matter for the Blind and Handicapped

Rochester Hills Public Library
500 Olde Towne Rd.
Rochester, MI  48073

1-800-774-4542 or 1-248-650-7150

Because helping as many people as possible who are in need of this service is important to us, we are trying to spread the word about everything that the Oakland Talking Book Service can do for those who qualify.

**Huron Valley Optimist Club**

Meets every Wednesday at 7:00am at The Red Poppy Center For Renewal
1865 Harvey Lake Rd.
Highland, MI  48356

Please note: The last week of each month Optimists meet Thursday evenings at 7pm.

**Minor Home Repairs**

White Lake Township offers a minor home repair program designed to help low to moderate income households complete more complicated home maintenance.

You do need to be a resident of White Lake Township.

For more information Call 248-698-3300 Ext. 150

**Dental Program**

Oakland County Health Division

The Oakland County Health Division Dental Program serves the basic dental needs of low-income Oakland County residents who lack dental insurance. This program is not a dental plan. They provide evaluation for recipients and a course of basic dental treatment which is usually completed within two to four months.

For more information, to see if you qualify or an application packet please call 1-888-350-0900 ext. 81306

**Inspirational quote for January 2019**

~We do not stop playing because we grow old…….
We grow old because we stop playing...
~George Bernard Shaw

**Just Something FUN…..**

**Senior Citizen Texting Codes**

ATD At The Door
BFF Best Friend Fell
BTW Bring the Wheelchair
BYOT Bring Your Own Teeth
FWIW Forger Where I Was
GGPBL Gotta Go Pacemaker Battery Low
GHA Got Heartburn Again
LMDO Laughing My Denture Out
OMMR On My Massage Recliner
OMSG Oh MY! Sorry, Gas
ROFLACGU Rolling On Floor Laughing and Can't Get up
TTYL Talk To You Louder

**Phone numbers to keep….**

Area Agency on Aging 1-800-852-7795
Social Security office 1-800-772-1213
Secretary of State 1-888-767-6424
### Dublin Community Senior Center

#### ***FYI***

**Newsletter via the Internet**

Dublin Community Senior Center’s newsletter is also available online. If you have internet access, go to [www.whitelaketwp.com](http://www.whitelaketwp.com) and click on Services & Departments, then click Dublin Community Senior Center. You will see a link for calendar and newsletter. To the left of the page are more categories for other links to services and programs offered through Dublin Community Senior Center.

**Loan Closet**

White Lake Dublin Community Senior Center offers a Durable Equipment loan closet for those in need of medical equipment. For more information, call the Dublin Senior Center Office at 248-698-2394.

**Disclaimer**

Dublin Community Senior Center offers information through resource and referral, seminars, classes and events. We do not recommend or endorse any particular individual, company or agency. We only inform those inquiring what may be available.

**Donations**

The Dublin Community Senior Center welcomes charitable donations. Individuals and organizations may make contributions in memory of a deceased loved one or in honor of special occasions. A gift to the center becomes a source of lasting pride to the donor. All contributions help ensure continuance of center programs and supportive services. Your generosity, regardless of the amount, will help to keep the seniors of our community living independently and with dignity.

**PARTICIPATION STIPULATION**

For participants’ own well-being, we remind you that the Dublin Community Senior Center is not responsible for providing care for individuals who have a physical or mental impairment that causes an inability to care for their personal needs, or that may jeopardize the rights of other members of the group.

**FREE Weatherization Assistance Program**

~OLHSA Housing

The goal of the Weatherization Assistance Program is for the weatherization team and client to work together as partners to save energy, to make the home more comfortable and reduce energy bills. Some energy saving measures include:

- Home energy audits
- Insulation
- Air leakage reduction utilizing blower door technology
- Furnace repair or replacement
- Combustion appliance testing
- Smoke/carbon monoxide detectors

Please call 248-209-2689 to get your Weatherization application started.

**Meals-on-Wheels is looking for volunteers**

We would love the opportunity for you to be a part of our team. This is a commitment of 1-2 hours of your time as little or as often as your schedule will allow. Once a month, once a week, temporary or on a continuous basis.

WE NEED YOUR HELP and WOULD LOVE TO HAVE YOU JOIN US!

For more information please call Lucy at 810-632-2155 or email info@lwmow.org

Thank you....

Karen Ferrell - Yarn

Thank you to all of our wonderful members for all you do !!!!
Dublin Community Senior Center
685 Union Lake Rd.
White Lake, MI 48386

Senior Center Director
Kathy Gordinear, BS
kgordinear@whitelaketwp.com

Program Developer
Carol Kehoe, BS
ckehoe@whitelaketwp.com

Senior Transportation
248-698-3994

Meals on Wheels
248-698-886-8971
Kitchen # 248-698-3394
Kitchen # 248-698-2394
www.whitelaketwp.com

Bus Drivers
Dinner Higgins
Chris Higgins

Meals on Wheels
248-698-3394

Senior Transportation
248-698-3394
Kitchen # 248-698-3394
Kitchen # 248-698-2394
Meals on Wheels
www.whitelaketwp.com

Terry Lilly
Carol Kehoe
Kathy Gordinear

Advisory Board Liaisons
Sharon Kahlowski
Karen Law
Jon Gross
Roseann Fallica
Marilyn Bock
Valerie Bayer

Advisory Council

Dublin Community Senior Center

Hours: 8:00am - 4:30pm
Transportation: 248-698-3994
www.whitelaketwp.com
Office: 248-698-2394
Fax: 248-698-3839
White Lake, MI 48386
685 Union Lake Rd.

Dublin Community Senior Center

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