

# DUBLIN SENIOR CENTER

## MARCH 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>No Walking Club</b> 9:30am <b>NEW- Body Groove</b> <i>sponsored by Aqua Dental</i> 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO <b>No Dublin Cinema</b> 3:30pm Senior Adv. Council	3 9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics 2:00pm Mystery Activity	4 9:30am Hatha Yoga 9:30am Walking Club <b>11:30am BUNCO*</b> 12:00pm Samba 1:00pm Mahjongg	5 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day  	6 9:30am Walking Club 9:30am Chair Yoga 12:15pm BINGO 1:45pm Sequence Game
9 <b>No Walking Club</b> 9:30am Body Groove 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO  	10 9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics  <b>8:45am 2 in 1 Day Trip*</b>	11 9:30am Hatha Yoga 9:30am Walking Club 10:30am Book Club 12:00pm Samba 1:00pm Mahjongg <b>1:30pm Anyone Can Paint*</b>  <b>Ticket Deadline: DaVinci Trip*</b>	12 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot	13 9:30am Walking Club 9:30am Chair Yoga 12:15pm BINGO 1:45pm Sequence Game
16 <b>No Walking Club</b> 9:30am Body Groove 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO	17 <b>All Classes/Activities Canceled</b>   <b>St. Paddy's All Clover Again Celebration at 11:30am*</b>	18 9:30am Hatha Yoga 9:30am Walking Club 11:00am Lakes Sewcity 12:00pm Samba 1:00pm Mahjongg	19 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 2:00pm Musical Moments Group	20 9:30am Walking Club 9:30am Chair Yoga 12:15pm BINGO 1:45pm Sequence Game
23 <b>No Walking Club</b> 9:30am Body Groove 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO  <b>Ticket Deadline: Million Dollar Quartet Trip*</b>	24 9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics	25 9:30am Hatha Yoga 9:30am Walking Club 11:00am Quilting Club 12:00pm Samba 1:00pm Mahjongg	26 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day	27 9:30am Walking Club 9:30am Chair Yoga 12:15pm BINGO 1:45pm Sequence Game
30 <b>No Walking Club</b> 9:30am <b>Body Groove</b> 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO <b>Da Vinci at Henry Ford Trip*</b> <b>8:15am</b> <b>Golden Egg Hunt Starts today</b>	31 9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics  <b>Dining with the Director*</b> <b>Meet at 11:30am</b>  <b>Golden Egg Hunt Today</b>	<b>Other Happenings</b>  <b>Massage</b> 1st Thursday of the month By Appointment Only <b>Focus Hope</b> 2nd Tuesday of Each Month 11:00am Dublin Parking Lot	<b>at Dublin</b>  <b>Widow/Widower Support Gathering</b> (Grief Group) 3rd Sunday of each month 2:00pm Dublin Senior Center	<b>Note</b>  Activities/Events/Trips with * You must Pre-Register for at Dublin Senior Center by its deadline. Please see our newsletter for more info



# DUBLIN SENIOR CENTER

## APRIL 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Other Happenings</b> <b>Massage</b> 1st Thurs. of the month By Appointment Only <b>Focus Hope</b> 2nd Tues each month, 11:00am, Dublin Parking Lot <b>Widow/Widower Support Group</b> 3rd Sunday of each month, 2:00pm, Dublin Senior Center	<b>Note</b> Activities/Events/Trips with * You must Pre-Register for at Dublin Senior Center by its deadline. Please see our newsletter for more info	1 9:30am Hatha Yoga 9:30am Walking Club 12:00pm Samba 1:00pm Mahjongg  <b>Golden Egg Hunt Today</b>	2 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day  <b>Golden Egg Hunt Last Day</b>	3 <b>Center Closed</b>  <i>good Friday</i>
6 <b>No Walking Club</b> 9:30am Body Groove 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO <b>No Dublin Cinema</b>  	7 9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics 2:00pm Mystery Activity	8 9:30am Hatha Yoga 9:30am Walking Club 10:30am Book Club 12:00pm Samba 1:00pm Mahjongg <b>1:30pm Anyone Can Paint*</b>  	9 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot	10 9:30am Walking Club 9:30am Chair Yoga 12:15pm BINGO 1:45pm Sequence Game 2:00pm Line Dancing
13 <b>No Walking Club</b> 9:30am Body Groove 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO	14 9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre <b>12:00pm Cooking with M*</b> 1:00pm Rhythmics  	15 9:30am Hatha Yoga 9:30am Walking Club 11:00am Lakes Sewcity 12:00pm Samba 1:00pm Mahjongg	16 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 2:00pm Musical Moments Group	17 9:30am Walking Club 9:30am Chair Yoga 12:15pm BINGO 1:45pm Sequence Game
20 9:30am Walking Club 9:30am Body Groove 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO	21 9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics <b>1:30pm Spring Cookie Decorating Class*</b>	22 9:30am Hatha Yoga 9:30am Walking Club 11:00am Quilting Club 12:00pm Samba 1:00pm Mahjongg	23 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day  	24 9:30am Walking Club 9:30am Chair Yoga 12:15pm BINGO 1:45pm Sequence Game 2:00pm Line Dancing
27 9:30am Walking Club 9:30am Body Groove 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO	28 9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics  <b>Dining with the Director* Meet a Restaurant 11:30am</b>	29 9:30am Hatha Yoga 9:30am Walking Club 11:00am Quilting Club 12:00pm Samba 1:00pm Mahjongg  <b>10:45am Million Dollar Quartet Trip*</b>	30 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot  <b>Ticket Deadline: IKEA Trip*</b>	