

# DUBLIN SENIOR CENTER

## MAY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b>Other Happenings</b></p> <p><b>Massage</b> 1st Thursday of the month By Appointment Only</p> <p><b>Focus Hope</b> 2nd Tuesday of Each Month 11:00am Dublin Parking Lot</p>	<p><b>at Dublin</b></p> <p><b>Widow/Widower Support Gathering</b> (Grief Group) 3rd Sunday of each month 2:00pm Dublin Senior Center</p>	<p><b>Note</b></p> <p>Activities/Events/Trips with * You must Pre-Register for at Dublin Senior Center by its deadline. Please see our newsletter for more info</p>	<p>1</p> <p>9:30am Walking Club 9:30am Chair Yoga 12:15pm BINGO 1:45pm Sequence Game</p>
4	5	6	7	8
<p>9:30am Walking Club 9:30am Body Groove 10:00am Wrapped in Warmth 12:00pm Hand, Knee &amp; Foot 12:15pm BINGO</p>	<p>9:00am Stretch &amp; Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics 2:00pm Mystery Activity</p>	<p>9:30am Hatha Yoga 9:30am Walking Club <b>11:30am BUNCO*</b> 12:00pm Samba 1:00pm Mahjongg</p>	<p>9:15am Balance &amp; Core 10:00am Line Dancing 12:30pm Prog. Hand &amp; Foot 12:30pm Group Game Day</p>	<p>9:30am Walking Club 9:30am Chair Yoga 12:15pm BINGO 1:45pm Sequence Game</p>
11	12	13	14	15
<p>9:30am Walking Club 9:30am Body Groove 10:00am Wrapped in Warmth 12:00pm Hand, Knee &amp; Foot 12:15pm BINGO</p> <p><i>Day Trip: IKEA 9:15am</i></p>	<p>9:00am Stretch &amp; Strength 11:00am Helpful Hookers 1:00pm <b>DIY Facials at Dublin*</b> 1:00pm Euchre 1:00pm Rhythmics</p>	<p><b>No Yoga Today</b></p> <p>9:30am Walking Club 10:30am Book Club 12:00pm Samba 1:00pm Mahjongg <b>1:30pm Anyone Can Paint*</b></p>	<p>9:15am Balance &amp; Core 10:00am Line Dancing 12:30pm Prog. Hand &amp; Foot</p>	<p><b>No Chair Yoga Today</b></p> <p>9:30am Walking Club 12:15pm BINGO 1:45pm Sequence Game</p>
18	19	20	21	22
<p>9:30am Walking Club 9:30am Body Groove <b>10:00am-2:00pm Prescription Take Back w/HVCC</b> 10:00am Wrapped in Warmth 12:00pm Hand, Knee &amp; Foot 12:15pm BINGO</p>	<p>9:00am Stretch &amp; Strength 11:00am Helpful Hookers <b>12:00pm Detroit Historical Society "Cool Cars" Presentation &amp; Lunch*</b> 1:00pm Euchre 1:00pm Rhythmics</p>	<p><b>No Yoga Today</b></p> <p>9:30am Walking Club 11:00am Lakes Sewcity 12:00pm Samba 1:00pm Mahjongg</p>	<p>9:15am Balance &amp; Core 10:00am Line Dancing 12:30pm Prog. Hand &amp; Foot 2:00pm Musical Moments Group</p>	<p><b>No Chair Yoga Today</b></p> <p>9:30am Walking Club 12:15pm BINGO 1:45pm Sequence Game</p>
25	26	27	28	29
<p><b>Center Closed</b></p> <p style="text-align: center;">  </p> <p style="text-align: center;"><b>Memorial Day</b></p>	<p>9:00am Stretch &amp; Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics</p> <p><b>Dining with the Director* Meet at Restaurant 11:30am</b></p>	<p>9:30am Hatha Yoga 9:30am Walking Club 11:00am Quilting Club 12:00pm Samba 1:00pm Mahjongg</p>	<p>9:15am Balance &amp; Core 10:00am Line Dancing 12:30pm Prog. Hand &amp; Foot 12:30pm Group Game Day</p>	<p>9:30am Walking Club 9:30am Chair Yoga 12:15pm BINGO 1:45pm Sequence Game</p> <p><i>Registration Deadline: Pig Pickin' Hoedown*</i></p>

# DUBLIN SENIOR CENTER

## JUNE 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
9:30am Walking Club 9:30am Body Groove 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO  <b style="color: red;">Summer</b>	9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics 2:00pm Mystery Activity  <b style="color: red;">Hours</b>	9:30am Hatha Yoga 9:30am Walking Club 12:00pm Samba 1:00pm Mahjongg  <b style="color: red;">Begin</b>	9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day  <b style="color: red;">This</b>	9:30am Walking Club 9:30am Chair Yoga 12:15pm BINGO  <b style="color: red;">Summer Hours Center Closes at 2pm Week</b>
8	9	10	11	12
9:30am Walking Club 9:30am Body Groove 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO	9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics	9:30am Hatha Yoga 9:30am Walking Club 10:30am Book Club 12:00pm Samba 1:00pm Mahjongg <b style="color: orange;">1:30pm Anyone Can Paint*</b>  <i>Trip Deadline: DIA Motown*</i>	9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot	9:30am Walking Club 9:30am Chair Yoga 12:15pm BINGO  <b style="color: red;">Summer Hours Center Closes at 2pm</b>
15	16	17	18	19
<b>All Programs Canceled Due to an Event</b>    <b style="color: orange;">Pig Pickin' Hoedown*</b> <b style="color: orange;">11:30am</b>	9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics	9:30am Hatha Yoga 9:30am Walking Club 11:00am Lakes Sewcity 12:00pm Samba 1:00pm Mahjongg	9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 2:00pm Musical Moments Group	9:30am Walking Club 9:30am Chair Yoga 12:15pm BINGO  <b style="color: red;">Summer Hours Center Closes at 2pm</b>
22	23	24	25	26
9:30am Walking Club 9:30am Body Groove 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO	9:00am Stretch & Strength 11:00am Helpful Hookers <b style="color: orange;">12:00pm Cooking with M*</b> 1:00pm Euchre 1:00pm Rhythmics	9:30am Hatha Yoga 9:30am Walking Club 11:00am Quilting Club 12:00pm Samba 1:00pm Mahjongg	9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day  <b style="color: blue;">Day Trip: DIA Motown Performance* 11:45am</b>	9:30am Walking Club 9:30am Chair Yoga 12:15pm BINGO  <b style="color: red;">Summer Hours Center Closes at 2pm</b>
29	30	<b>Other Happenings</b>		<b>Note</b>
9:30am Walking Club 9:30am Body Groove 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO	9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics  <b style="color: orange;">Dining with the Director* Meet a Restaurant 11:30am</b>	<b>Massage</b> 1st Thurs. of the month By Appointment Only <b>Focus Hope</b> 2nd Tues each month, 11:00am, Dublin Parking Lot <b>Widow/Widower Support Group</b> 3rd Sunday of each month, 2:00pm, Dublin Senior Center		Activities/Events/Trips with * You must Pre-Register for at Dublin Senior Center by its deadline. Please see our newsletter for more info
				