

Dublin Senior Center

September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Center Closed  Happy Labor Day	2 No Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics 2:00pm NEW! Mystery Activity	3 9:30am Hatha Yoga 9:30am Walking Club 11:30am BUNCO* 12:00pm Samba (Cards) 1:00pm Mahjongg	4 No Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day 	5 9:30am Chair Yoga 9:30am Walking Club 12:15pm BINGO 2:00pm Line Dancing
8 9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO 1:45pm Dublin Cinema* Movie: To be determined	9 All Programs Canceled Due to Event  11:30am Senior Appreciation Luncheon*	10 9:30am Hatha Yoga 9:30am Walking Club 12:00pm Samba (Cards) 1:00pm Mahjongg 1:30pm Anyone Can Paint*	11 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot	12 9:30am Chair Yoga 9:30am Walking Club 12:15pm BINGO
15 9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO 	16 9:00am Stretch & Strength 11:00am Helpful Hookers 11:00am Wii Bowling 1:00pm Euchre 1:00pm Rhythmics	17 9:30am Hatha Yoga 9:30am Walking Club 11:00am Lakes Sew-ciety 12:00pm Samba (Cards) 1:00pm Mahjongg	18 9:15am Balance & Core 10:00am Line Dancing 10:30am Book Club 12:30pm Prog. Hand & Foot	19 9:30am Chair Yoga 9:30am Walking Club 12:15pm BINGO 2:00pm Line Dancing 
22 9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO	23 9:00am Stretch & Strength 11:00am Helpful Hookers 12:00pm MMTHS Present* 1:00pm Euchre 1:00pm Rhythmics	24 9:30am Hatha Yoga 9:30am Walking Club 11:00am Quilting Club 12:00pm Samba (Cards) 1:00pm Mahjongg Trip Registration Deadline MI History Center Trip	25 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 1:00pm Group Game Day 	26 9:30am Chair Yoga 9:30am Walking Club 12:15pm BINGO
29 9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO 	30 9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics Dining with the Director* Meet a Restaurant 11:30am	Other Happenings Massage 1st Tuesday of the month By Appointment Only Focus Hope 2nd Tuesday of Each Month 11:00am Dublin Parking Lot	at Dublin Widow/Widower Support Gathering (Grief Group) Beginning Group 3rd Sunday of each month 2:00pm Dublin Senior Center	Note Activities/Events/Trips with * You must Pre-Register for at Dublin Senior Center by its deadline. Please see our newsletter for more info

Dublin Senior Center

October 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Other Happenings Massage: 1st Tues. of the month By Appointment Only FocusHope 2nd Tues. each month 11:00am, Dublin Parking Lot Widow/Widower Support Group (Grief Group)- Beginners Group 3rd Sundy each month 2:00pm, Dublin Senior Center	Notes Activities/Events/Trips with * You must Pre-Register for at Dublin Senior Center by its deadline. Please see our newsletter for more info	1 9:30am Hatha Yoga 9:30am Walking Club 12:00pm Samba (Cards) 1:00pm Mahjongg 	2 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day	3 9:30am Chair Yoga 9:30am Walking Club 12:15pm BINGO 2:00pm Line Dancing
6 9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO 1:45pm Dublin Cinema* Movie: To be Determined Registration Deadline: DIA Trip	7 9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics 2:00pm Mystery Activity	8 9:30am Hatha Yoga 9:30am Walking Club 12:00pm Samba (Cards) 1:00pm Mahjongg 1:30pm Anyone Can Paint*	9 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 	10 9:30am Chair Yoga 9:30am Walking Club 12:15pm BINGO MI History Center Trip 8:30am*
13 Center Closed  Columbus Day	14 9:00am Stretch & Strength 10:00am Coffee/Conversation* 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics	15 9:30am Hatha Yoga 9:30am Walking Club 11:00am Lakes Sewcity 12:00pm Samba (Cards) 1:00pm Mahjongg	16 9:15am Balance & Core 10:00am Line Dancing 10:30am Book Club 12:30pm Prog. Hand & Foot	17 9:30am Chair Yoga 9:30am Walking Club 12:15pm BINGO 2:00pm Line Dancing
20 9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO 	21 9:00am Stretch & Strength 11:00am Helpful Hookers 11:00am Wii Bowling 1:00pm Euchre 1:00pm Rhythmics	22 9:30am Hatha Yoga 9:30am Walking Club 11:00am Quilting Club 12:00pm Samba (Cards) 1:00pm Mahjongg	23 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day Detroit Institute of Arts Trip 11:45am*	 Wear Your Colors Day Support your Team U of M VS. MSU 9:30am Chair Yoga 9:30am Walking Club 12:15pm BINGO
27 9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO	28 Fall Blood Drive 10am-2pm 9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics Dining with the Director* Meet a Restaurant 11:30am	29 9:30am Hatha Yoga 9:30am Walking Club 11:00am Quilting Club 12:00pm Samba (Cards) 1:00pm Mahjongg	30 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot	31 Happy Halloween 9:30am Chair Yoga 9:30am Walking Club 12:15pm DECADES BINGO* 2:00pm Line Dancing 