

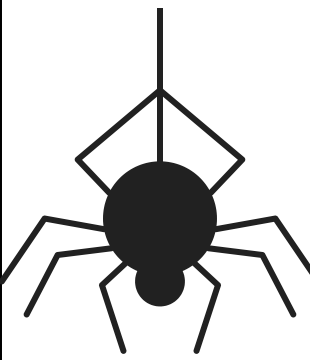
DUBLIN SENIOR CENTER

September 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Closed Fridays
	1 9:00am Stretch & Strength 9:30am Walking Club 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics 2:00pm Mystery Activity 3:30pm Wii Interactive Games 4:00pm Body Groove	2 8:15am Golden Mornings 9:30am Hatha Yoga 9:30am Walking Club 11:30am BUNCO* 12:00pm Samba 1:00pm Mahjongg 3:30pm Dominoes	3 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day 1:15pm BINGO 3:00pm Independent Art	
7  We are closed in Observance of Labor Day	8 9:00am Stretch & Strength 9:30am Walking Club 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics 3:30pm Wii Interactive Games 4:00pm Body Groove	9 8:15am Golden Mornings 9:30am Hatha Yoga 9:30am Walking Club 12:00pm Samba 1:00pm Mahjongg 1:30pm Anyone Can Paint* 3:30pm Dominoes Book Club at White Lake Library 10:30am	10 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day 1:15pm BINGO 3:00pm Independent Art 3:30pm NEW! Stories for Seniors	
14 9:30am Walking Club 9:30am Body Groove 9:30am Chair Yoga 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO 3:00pm Sequence Game	15 All classes/activities are canceled today  Senior Celebration* 11:30am	16 8:15am Golden Mornings 9:30am Hatha Yoga 9:30am Walking Club 11:00am Lakes Sewcity 12:00pm Samba 1:00pm Mahjongg 3:30pm Dominoes <i>Ticket Deadline: Meadowbrook Play Liberty Valence Day Trip</i>	17 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day 1:15pm BINGO 3:00pm Independent Art	
21 9:30am Walking Club 9:30am Body Groove 9:30am Chair Yoga 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO 3:00pm Sequence Game 3:00pm Movie Day	22 9:00am Stretch & Strength 9:30am Walking Club 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics 3:30pm Wii Interactive Games 4:00pm Body Groove	23 8:15am Golden Mornings 9:30am Hatha Yoga 9:30am Walking Club 11:00am Quilting Club 12:00pm Samba 1:00pm Mahjongg 3:30pm Dominoes	24 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day 1:15pm BINGO 3:00pm Independent Art 3:30pm NEW! Stories for Seniors	
28 9:30am Walking Club 9:30am Body Groove 9:30am Chair Yoga 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO 3:00pm Sequence Game	29 9:00am Stretch & Strength 9:30am Walking Club 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics 3:30pm Wii Interactive Games 4:00pm Body Groove Dining with the Director*	30 8:15am Golden Mornings 9:30am Hatha Yoga 9:30am Walking Club 11:00am Quilting Club 12:00pm Samba 1:00pm Mahjongg 3:30pm Dominoes	Other Happenings Massage 1st Thurs. of the month By Appointment Only Focus Hope 2nd Tues each month, 11:00am, Dublin Parking Lot Widow/Widower Support Group 3rd Sunday of each month, 2:00pm, Dublin Senior Center	Note Activities/Events/Trips with * You must Pre-Register for at Dublin Senior Center by its deadline. Please see our newsletter for more info

DUBLIN SENIOR CENTER

October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Closed Fridays
	Other Happenings Massage 1st Thurs. of the month By Appointment Only Focus Hope 2nd Tues each month, 11:00am, Dublin Parking Lot Widow/Widower Support Group 3rd Sunday of each month, 2:00pm, Dublin Senior Center	Note Activities/Events/Trips with * You must Pre-Register for at Dublin Senior Center by its deadline. Please see our newsletter for more info	¹ 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day 1:15pm BINGO 3:00pm Independent Art	
⁵ 9:30am Walking Club 9:30am Body Groove 9:30am Chair Yoga 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO 3:00pm Sequence Game	⁶ 9:00am Stretch & Strength 9:30am Walking Club 11:00am Helpful Hookers 12:00pm Cooking with M* 1:00pm Euchre 1:00pm Rhythmics No Mystery Activity today No Wii Interactive Games 4:00pm Body Groove	⁷ 8:15am Golden Mornings 9:30am Hatha Yoga 9:30am Walking Club 12:00pm Detroit Lions/NFL Presentation* 12:00pm Samba 1:00pm Mahjongg 3:30pm Dominoes	⁸ 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day 1:15pm BINGO 3:00pm Independent Art 3:30pm Stories for Seniors	
¹²  We are closed in Observance of Columbus Day	¹³ 9:00am Stretch & Strength 9:30am Walking Club 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics 3:30pm Wii Interactive Games 4:00pm Body Groove	¹⁴ 8:15am Golden Mornings 9:30am Hatha Yoga 9:30am Walking Club 12:00pm Samba 1:00pm Mahjongg 1:30pm Anyone Can Paint* 3:30pm Dominoes Book Club at White Lake Library 10:30am	¹⁵ 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day 1:15pm BINGO 3:00pm Independent Art	
¹⁹ 9:30am Walking Club 9:30am Body Groove 9:30am Chair Yoga 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO 3:00pm Sequence Game	²⁰ 9:00am Stretch & Strength 9:30am Walking Club 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics 3:30pm Wii Interactive Games 4:00pm Body Groove	²¹ 8:15am Golden Mornings 9:30am Hatha Yoga 9:30am Walking Club 11:00am Lake-Sewcity 12:00pm Samba 1:00pm Mahjongg 3:30pm Dominoes Day Trip: Meadowbrook Play Liberty Valance	²² 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day 1:15pm BINGO 3:00pm Independent Art 3:30pm Stories for Seniors	
²⁶ 9:30am Walking Club 9:30am Body Groove 9:30am Chair Yoga 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO 2:00pm Movie Day Halloween Edition-Double Feature No Sequence Game Today Dublin's	²⁷ 9:00am Stretch & Strength 9:30am Walking Club 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics No Wii Interactive Games No Body Groove Dining with the Director* Halloween	²⁸ 8:15am Golden Mornings 9:30am Hatha Yoga 9:30am Walking Club 11:00am Quilting Club 12pm-1pm Free Cider & Donut Day while supplies last 12:00pm Samba 1:00pm Mahjongg 3:30pm Dominoes Week	²⁹ 9:15am Balance & Core 10:00am Line Dancing 12:30pm Prog. Hand & Foot 12:30pm Group Game Day 1:15pm CANDY BAR BINGO* Wear Your Halloween Costumes!! 3:00pm Independent Art Event	